

Author Bio

Canadian Self-Published Author Kirsten McNeill released her debut novel *Strength From Within* in 2017. Her stories and poetry are based on her own knowledge and experiences. Though they are mostly fictional, they speak her truth about today's societal pressures and the world we live in. In her spare time, she runs her own blog, plays piano and guitar, and hangs out with her family. She fully supports all things artistic and creative as she speaks her mind and lets her own creativity flow into words on the page.

Self-Improvement Book Blurb

Within these pages, self-published author Kirsten McNeill takes you through her guide to bringing courage, happiness, and empowerment into your life. Geared towards women, but welcome to all, the author wishes for you to learn how to accept yourself as you are and add positivity to the world. With contributions of 31 people through honest interviews and powerful photos, get a glimpse of what happiness and self-love means to others.

Kirsten considers *Discovering Your Worth: Happiness Through Confidence* a step-one guide to living your best life. Gain valuable pieces of advice to use in your daily lives to appreciate yourself and never apologize for searching for your happiness. With the help of fictional characters created to offer examples of improving positivity and welcoming the change that you desire, define who you are and share your worth with those around you.

Short Story Collection Book Blurb

Mental Illness. Sexuality. Broken Love. All of these topics are things we struggle with daily. In this novel of fifteen short stories, follow the experiences of both men and women as they navigate their personal challenges. Life is complicated with social stigmas and internal battles forming our personalities. From these intricate characters, learn about passion, heartache, laughter, and the endless possibilities that the future holds.

Thriller Novel Book Blurb **

When Isabelle is forced to face her past, how will she handle her secrets coming to light? She moved to Shady Cove to get away from the life she never wanted for herself. It should have been impossible for her to be discovered. Her paranoia rises as she sees ghosts popping up around town. Is this all in her head or was he ever dead at all?

Isabelle can't run any longer. Her boyfriend is asking questions that she doesn't have answers to. She must confront her demons, alive or dead, if she's going to keep the new life she built. But will her secrets prove to be too great to take on alone? She struggles to convince everyone of her sanity and bury her past for good. If she fails, all she'll have left is a straight jacket and four concrete walls to keep her company.

**This piece does not reflect any existing book or persons. It is a sample created specifically for the purposes of my portfolio.