

# Positive Mindset Coaching

## Build your confidence like a Rockstar!

You are a Rockstar! Having trouble believe it? You're not alone. Keeping a positive attitude is much easier said than done, and you may not have the right support system to encourage you in your goals.

[signup box]

Have you ever struggled with feeling confident in yourself?  
Do you constantly question your decisions, always looking for permission from others?  
Are you searching for guidance in your life to reach your personal and professional goals?  
Someone who will take you by the hand and lead you to success?

[testimonial]

You can be a Rockstar too! You've spent too much time fighting with yourself, hoping for validation from others when it has always been in your heart. Ladies, it's time to unlock your inner worth and step into the spotlight! Recreate the unbridled confidence of youth with a mindset coach who understands you.

[signup box]

For too long you've been putting yourself down, forcing yourself into a box others made for you. You're not alone in these negative feelings. In the thoughts that tell you that you're not good enough. Hi, I'm Zara, and I'm ready to help you reframe your mindset to become the best version of you!

I've been working as a mindset coach for 10 years and the one thing I've learned is that every woman I've worked with is much more powerful than they give themselves credit for. Imagine living your life with the feeling that there are no obstacles in your way. Your success is bountiful, and you were born to stand on the stage of positivity and rock out! Can you hear the crowd calling your name? Encouraging you to take that first step to a happier lifestyle?

[testimonial]

### **Become A Positivity Rockstar!**

Shred that guitar and warm those vocal chords, because it's time for you to join the **Rock Your Positivity, Sister!** coaching program. This three-month program, valued at \$2000, will have you singing your heart out every day of the week!

[signup box]

When you sign up, you will have access to:

1. 12 one-on-one calls with your fabulous coach to reframe your mindset and define your Rockstar game plan with personal and professional goals.
2. A positivity workbook developed by the finest coaches in the biz!
3. Personalized activities to practice in the comfort of your home.

4. Group activities to connect with like-minded people and gain encouragement on your journey to reach your goals.

And wouldn't you know? I've got bonus material too!

[testimonial]

If you sign up by August 31<sup>st</sup>, you'll also receive a Positivity Workshop packet and an extended coaching call at the end of the program to ensure your mindset has shifted in the right direction.

Building a positive attitude takes more than saying "I'm okay." You need a community of like-minded rockers to connect with and a coach who will be there with you every step of the way.

Are you ready to take charge of the stage? Shine your light on the world and join the coaching program today.

[signup box]

### **Frequently Asked Questions**

*Are you sure this program is for me?*

Are you looking for help to transform your mindset and become a happier person? Then absolutely! Everyone has a Rockstar inside them that deserves to sing their powerful songs!

*What if I don't know what my personal and professional goals are?*

I'll help you discover what you're truly looking for. Your goals may evolve along the way, and that's okay! Nothing is set in stone and things change as you grow.

*What if I'm happy with my mindset?*

Positivity mindset is a learning experience and something that should be practiced every day, even if you're currently in a good place in your life. You may just learn something new about yourself through your journey that you never thought of before.

[testimonial]

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